

Youth “Plan-Ahead” Activities

Family history activities are a way to get to know those who have gone before, write about their lives, and to learn from and be inspired by their experiences. Family history activities are also a way to connect with living family members, create and write your own family history, and make fun memories.

Overview: Here are some activities that require a bit of advance planning, but they are definitely worth it. Parents and grandparents are always so grateful for help in planning family history activities!

Entertain your family by serving some tempting dishes that your ancestral family might have eaten, such as Danish dumplings, lasagna, sauerkraut, sushi, lox and bagels, johnnycakes, smoked dried jerky, or French pastry. What items were on your ancestors’ menu? See these [recipes on FamilySearch](#).

This installment focuses attention on youth “plan-ahead” activities with 8 different levels of activities with tutorials to courage the youth to develop their own remembrance of their lives. The Family History Guide has really put together appropriate activities for youth activities. Knowing that youth is tech oriented, these activities are a win-win situation for getting the youth into family history activities that are both meaningful and productive. Hopefully their Church leaders and parents can keep up with these fun activities that promises to motivate the youth to take an interest in family history. URL for viewing the instructions for these “8 “activities is <https://thefhguide.com/act-youth02.html>.

See next page to peruse these 8 levels of “plan-ahead” activities.



Y2-01: Back in Time

*Time Travel Activities

1. Check the Internet for songs that were popular the year your parents graduated from high school, and surprise them by playing them.
2. Ask your parents to show you the dances that went with the songs (that should make for an interesting evening!).
3. Discover what life was like for your ancestors with no electricity—don't use it for 24 hours. (Leave the refrigerator and freezer plugged in if you expect smiling parents, and be safe.)
4. Visit a town where an ancestor lived on Google Earth or Google Maps. ([Blog](#))
5. Ask your parents to take you to a town where an ancestor lived. Do research on the ancestor so you can discuss his or her life details while there.



Y2-02: Cousin's Camp

Consider attending My Family History Youth Camp at BYU or plan your own Cousin's Camp. [See this blog post](#) for details.



Y2-03: FamilySearch: Teenager Challenges

Try this summer family history challenge from FamilySearch, with [numerous activities for teenagers](#).



Y2-04: Honor Your Parents

1. Ask your parents to tell you how they met. Was it "love at first sight?" What qualities did they find irresistible in each other? Play 20 questions and record it.